

Welcome!

We provide affordable food for people in Newhaven, Peacehaven and surrounding areas that for lots of different reasons, are struggling to put food on the table. We are here to make sure everyone in our community has access to affordable, healthy and nutritious food.

Anyone is welcome, no referral is needed. To find out more, contact us or just pop in for a chat and a cup of tea!

- 6 weeks free support for new members
- £3 contribution when you visit after that
- Access to advice and other services
- Delicious homemade food in our cafe
- Volunteer opportunities
- Welcoming and inclusive atmosphere

Seahaven
community
food

S C D A



01273 517250



food@sussexcommunity.org.uk

The logo for Seahaven community food is located in the top right corner. It consists of a blue circle containing the text 'Seahaven community food' in a white, cursive-style font. Below the text are four small white circles, each containing a letter: 'S', 'C', 'D', and 'A' in blue.

Seahaven community food

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How does it work?

You don't need anything to sign up as a member, just come along! Once signed up, you'll get a membership and loyalty card to collect stamps each time you shop. When you have collected five stamps, you will receive a free shop!

Each week, we offer a choice of fresh fruit and veg, tinned food, bread, hygiene items, period products and nappies.

How much does it cost?

All new members receive **free support for six consecutive weeks** from sign up. During this time, members are invited to meet with our Community Navigator for signposting to other services to help with finances.

After six weeks, we ask for a **£3 contribution each time you come**. This money goes towards the cost of supplying food and running our service, which, due to demand, costs over £100,000 per year.

Each visitor receives a drink in our Community Cafe, as well as one of our delicious food options (see next page for details).

How much will I save?

An average shop with us is valued at around £20-25, so we estimate **members save anywhere from £17-22 per visit**, plus an additional £5-10 in the cafe.

Community Cafe

When visiting the Community Supermarket you are welcome to also visit our Community Cafe.

Included for each visitor:

➤ Unlimited hot or cold drinks

Plus a choice of:

➤ a snack, like our delicious fresh soup with bread
or

➤ a sweet option, such as biscuits or homemade cake

If you'd like both, please make a a donation of your choice.



What if I'm struggling to pay?

We know sometimes things happen beyond our control. If you are ever struggling, please come and talk to us – we are here to help and already have things in place to support members that cannot afford to pay.

Pay-it-forward

If you can afford to, please make an additional donation in one of our collection boxes. This money goes towards helping those that are unable to pay.

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Where to find us

Newhaven Community Supermarket

Tuesdays 11am - 1pm

Denton Island Community Centre
Denton Island, Newhaven
BN9 9BA


Peacehaven Community Supermarket

Thursdays 11am - 1pm

Community House
Meridian Way, Peacehaven
BN10 8BB

Contact us

 food@sussexcommunity.org.uk

 01273 517250

 Seahaven Community Food

See you soon!

