

## SCDA Positive Activities Volunteer

### About the Role

Are you passionate about supporting young people's emotional health & wellbeing? Are you interested in learning about trauma informed approaches? We are looking for some to volunteer for up to 80 hours between February and May 2025.

As an SCDA Positive Activities volunteer you will support a team who are working directly with children and young people from Ukraine. You will support with administration, events organisation and gathering feedback from participants.

### About SCDA

Sussex Community Development Association (SCDA) is a community development charity aiming to build stronger, healthier, more inclusive communities - supporting communities to thrive. We make a difference in our communities by reducing loneliness and social isolation, improving health and wellbeing, and increasing economic stability. SCDA is a multi-purpose locally rooted organisation based in Newhaven and working across East Sussex.

**Positive Activities** is a 'Homes for Ukraine' funded initiative that provides activities for Ukrainian children and young people. Positive Activities supports children in making personal progress, improving their mood, building confidence and friendships. Children and Young People work with a member of the team to choose activities which help them to reconnect them with their interests and hobbies, or even try something new whilst they are living in the UK. This could be anything from sports, arts, nature and after school clubs.

The objectives of the Positive Activities project are to:

- Have a positive impact on the emotional wellbeing, mental health, and/or physical health of children and young people involved.
- Manage local demand by reducing the number of referrals for specialist mental health and emotional wellbeing and other services and ensuring timely preventive interventions.
- Develop capacity of and system knowledge of community assets and local organisations which offer activities for children and young people
- Continue to improve awareness of and confidence in an asset-based social prescribing approach amongst local authority and NHS commissioners and service providers
- Improve knowledge in schools and partner organisations about existing mental health and emotional wellbeing services and local clinical pathways

The project is extremely rewarding as many of the children and young people have experienced severe trauma due to the war in Ukraine. Being able to provide them with a fun activity and opportunities to make new friends not only welcomes them to our country, it also supports community engagement, social integration and improved wellbeing for all the family.

### **You will support the Positive Activities team with:**

- Arranging activities for children and young people from Ukraine. Mostly office based; communication with families and young people will be required, over the phone or by email however sometimes in person at events and activities.
- Valuable input and keeping up-to-date on our Social media pages, creating newsletters, posters and other marketing.
- Feedback forms will need to be completed at the start of signing up to the project and closing, the volunteer will support the collecting of these forms for each client which will be produced digitally, via the use of Microsoft forms.
- Team meetings are planned every Wednesday in person and the volunteer would be required to attend these as this is the only day that the whole team are in together. Team meetings provide opportunities to catch up on the weeks events, share important information and best practice, task setting and any issues or concerns raised about individual clients or activities.
- The volunteer will have the opportunity to become involved in planning and delivering a Unity Day event for Ukrainian families in January 2025.

### **What we can provide:**

- Regular supervision with the Youth Services Project Manager
- Experience in a busy office environment
- Training and development opportunities
- All expenses are covered
- Skills for your CV and a reference if you volunteer for over 3 months
- The opportunity to give something back to your community

### **What we expect of you:**

- To attend a supervision with the Youth Services Project Manager every six to eight weeks to discuss how things are going
- To uphold SCDA values in all of your communications and be a brand ambassador for the organisation
- To ensure social media content is of consistently of a high standard
- To follow SCDA policies and procedures – including social media guidance
- To complete mandatory volunteer training

### **Person Specification**

- A passion for working with marginalised communities
- Previous experience and proven track record in working as part of a team
- A hands on, can-do attitude
- Boundaried and professional at all times
- Excellent organisational and record keeping & administrative skills
- Ability to develop an approach to your work which displays a good understanding of equal opportunities, access and inclusion
- Ability to gain a rapid understanding of SCDA services and promote the organisations aims in a positive manner
- Ability to use Microsoft Word, Excel and Outlook
- Good understanding of /or ability to work towards, data protection requirements, confidentiality and professional boundaries

***We would be particularly interested in hearing from students who speak Ukrainian, Polish or Russian, although this is not essential.***

<b>Organisation Information</b>	
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