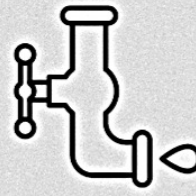


I need help with.....

PAYING BILLS



Are grants or payment schemes available from the company or service provider?

Have you tried accessing support online or on the phone like Money Helper or Citizen's Advice?



Are you already linked into a service that may be able to help?

WHAT LOCAL SUPPORT IS AVAILABLE?

Southern Water Payment Schemes 0800 027 0363
www.southernwater.co.uk

Keep Warm and Well 0800 464 7307 www.warmeastsussex.org.uk
Warm home checks and advice

WHAT NATIONAL SUPPORT IS AVAILABLE?

Ofgem Warm Home Discount 0800 1078002 www.ofgem.gov.uk

British Gas Energy Debt Grants www.britishgasenergytrust.org.uk

Citizens Advice 0800 144 8848 www.citizensadvice.org.uk

Money Saving Expert www.moneysavingexpert.com/utilities/

Money worries can affect your mental health.

Mind can help: www.mind.org.uk

