

I need help with.....

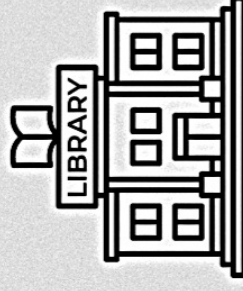
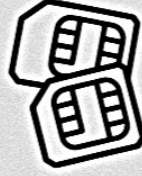


GETTING ONLINE



Are you in need of a device or data, or do you want to build your skills and confidence?

Did you know that Good Things Foundation can provide free data and devices?



Have you visited your local library or community centre?

WHAT LOCAL SUPPORT IS AVAILABLE?

Tech Resort www.techresort.org 23a Cavendish Place, Eastbourne

Digital drop-in sessions on Thursdays and Fridays 12pm - 5pm

East Sussex Libraries - free wifi, free computer use

IT FOR YOU - free computer skills and support in East Sussex

Libraries - phone 01323 463759 for information and to book

WHAT NATIONAL SUPPORT IS AVAILABLE?

Good Things Foundation - device and databank 0114 349 1666
www.goodthingsfoundation.org

Learn My Way - digital skills and learning hub www.learnmyway.com

Money worries can affect your mental health.

Mind can help: www.mind.org.uk

