

COMMUNITY WELL-BEING NEWS



To sign up for SCDA activities or get more information email us on makingithappen@sussexcommunity.org.uk or visit our website: www.sussexcommunity.org.uk.

This newsletter is put together by the Making it Happen Team who are working primarily in Newhaven and Peacehaven, so naturally much of our news comes from this area. If you have news from other areas across the Havens or Lewes District, please get in touch!

PAGE 2-5 SCDA ACTIVITIES



PAGES 7- 17 COMMUNITY NEWS PAGES 18-20 UPCOMING EVENTS



SCDA Activities

Young People wanted for Newhaven Young People's Forum

WE ARE RECRUITING

JOIN OUR TEAM!

WE ARE LOOKING FOR ...

Young People aged
between 11 - 18

We are creating a new
Newhaven Young
Peoples Forum

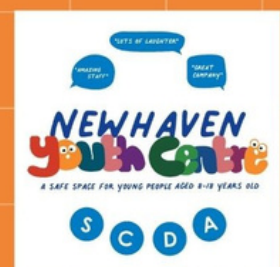
- Space for young people to have a voice in their community
- Help support local young people in the community
- Team building
- Confidence building
- Life skills
-

IF YOU WANT TO MAKE A DIFFERENCE AND BE PART OF THE LOCAL COMMUNITY THEN THIS IS FOR YOU



FOR MORE INFORMATION

WWW.YOUTH@SUSSEXCOMMUNITY.ORG.UK



Sussex Community Counselling

Counselling is a time for you to talk things through with someone who is specially trained to listen

We offer general counselling & some specialist services, including:

Young People's counselling

Couples counselling

Counselling for people affected by domestic abuse

Support for survivors of suicide

Support for people bereaved by suicide

Where funding allows in certain circumstances we may be able to offer low cost or fully funded sessions

01273 519108

counselling@sussexcommunity.org.uk

www.sussexcommunity.org.uk



FREE

Mindfulness

Virtual 6 week course

Wednesday the
17th April to
Wednesday the
22nd of May
7pm to 9pm!

This is a free virtual course for parents! Make time to focus on yourself, learn meditation techniques, relaxation techniques and so much more... Engage with your mind and enrich it with a variety of mindfulness exercises and techniques.

Find out more or to book a place
Email -

families@sussexcommunity.org.uk
Text or ring 07514660071



New Courses from SCDA's Families Team

To find out more
or book a place
please email
families@sussexcommunity.org.uk or
phone/text
07514660071



FREE

PLANT AND PLAY

Denton Island Community Centre

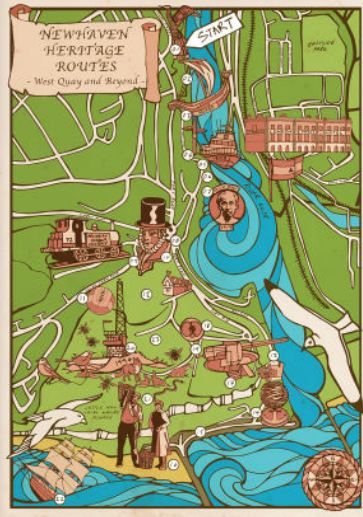
MONDAY 15TH OF
APRIL TILL 20TH
MAY
12:30PM -
2:30PM

A course designed for you to get to know your garden and bring your child into the wonderful world of playing and planting. Learn how to bring family fun to gardening, and meet other outdoor loving families along the way!

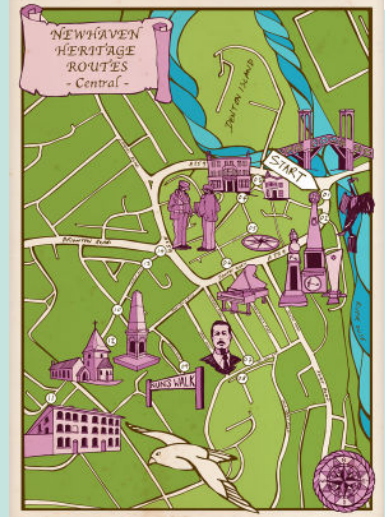
Sign up here
families@sussexcommunity.org.uk
www.sussexcommunity.org.uk
01273517250
07514660071



SCDA Activities



Discover the rich history of Newhaven with SCDA's Newhaven Heritage Walking Routes



Newhaven residents and visitors are invited to embark on an enriching journey through time with the launch of a series of local heritage walking routes. Developed by local historian Dr Jenny Flood, and a team of local community members, our three trails offer an opportunity to explore the fascinating stories and landmarks that have shaped the vibrant history of Newhaven.

Funded by the National Lottery Heritage Fund, these walking routes unveil the hidden gems and untold tales, nestled in the streets of Newhaven. From its maritime history to its pivotal role in local industry, each route provides a glimpse into the past.

Participants will have the chance to stroll through local neighbourhoods, visit landmark buildings and uncover anecdotes that bring the history of Newhaven to life.

SCDA now have three maps available at Denton Island Community Centre, Newhaven Library and Newhaven Museum for you to enjoy (digital copies of the routes can also be downloaded from the SCDA website). You can also explore the accompanying research for each map, which will provide lots of additional information to support the walks, researched by our team of volunteers. The trail maps were beautifully illustrated by local illustrator and photographer Alex Lake and are designed to be accessible to walkers of all ages and abilities, with options for self-guided exploration or groups walks (see our Instagram page @newhavenheritage).

Map 1 explores West Quay & beyond - the first part of this trail is an accessible route along the West Quay, you can then choose to walk through to the beach and/or visit Newhaven Fort and Nature Reserve.

Map 2 explores the East side of Newhaven and encourages you to think about the people, community and industry that were there.

Map 3 explores the central part of Newhaven and raises your awareness of the people and places that have contributed towards the rich heritage of this fascinating town.

Follow us on Instagram @newhavenheritage for updates on additional walks. We are planning to deliver one Newhaven Heritage Route walk a month, led by volunteers. We hope to see you there! For more information or to download our digital copies of our heritage walking routes please visit <https://tinyurl.com/7c3jcysw>

We are in the process of training and recruiting volunteers who would like to help lead these walks. If you would like to find out more -please contact Chris for further information, mobile 07796 869316 or email Newhaven-Heritage-Walks@sussexcommunity.org.uk

Community News

What's on

in the Lewes/Havens area

Covering Peacehaven, Newhaven, Lewes and beyond

April - May 2024



EHLewesHavens@eastsussex.gov.uk

01273 336930



Weekly Groups

Drop In Groups - Just show up at the group

Monday's

First Steps Group 12 mths - 3 yrs - Peacehaven FH 9.15am - 10.30am.

Singing, messy play and social interaction with other parents.

Baby Time Group 0-12 months - Peacehaven FH 11.15am - 12.15pm

A chance to meet other parents/carers and babies.

Wednesday's

Just Play Group 0 - 5 years - Peacehaven FH 1pm - 2.30pm

Planned activities, singing, free play, messy play and physical.

A chance to meet other parents/carers and children.

Baby & Me Group 0 - 12 months - Lewes FH 1pm - 2pm

A chance to meet other parents/carers and babies.

Friday's

Malling Munchkins 0 - 5 years - Lewes FH 10am - 11.30am

This group is delivered within Malling Community Centre, behind the Hub.

Planned activities, singing, free play and messy play. A chance to meet other parents/carers with children.



Peacehaven Family Hub
Meridian Way
Peacehaven
East Sussex
BN10 8NF

Lewes Family Hub
Malling Community Centre
Spences Lane
Lewes
East Sussex
BN7 2HQ



Drop In Support

Citizen's Advice will be offering drop-in support at both Peacehaven & Lewes Family Hubs.

Lewes Family Hub - Friday 19th April 2024 10.30 - 12 noon

Peacehaven Family Hub - Monday's 25th March & 15th April 2024 10.30am - 12.30pm.

No appointment needed, just show up.

Looking to go back into work or wanting to change direction with your current employment?

Future Options Advisor will be offering drop-in support at Peacehaven Family Hub

Monday's 8th April, 13th May & 10th June 2024 10am - 1pm.

No appointment needed, just show up

Courses & Workshops

Early Words - 2 sessions Parents/Carers & Babies together - Babies aged 12 - 24 months @ Peacehaven & Lewes Family Hub's.

Sessions run on various days and times please phone to book a place on next available session. 2 one-hour sessions focusing on speech, language and communication development.

Babbling Babies - 2 sessions Parents/Carers & Babies together - Babies aged 6 weeks to 12 months @ Peacehaven & Lewes Family Hub's.

Sessions run on various days and times please phone to book a place on next available session. 2 one-hour sessions focusing on quality interactions which support speech, language and communication development.

Small Beginnings - 4 & 6 week courses Parents/Carers and Children together.

Wednesday's in Lewes Family Hub 4-week sessions 10am - 11am.

Thursday's in Peacehaven Family Hub 6-week sessions 1pm - 2.30pm.

These sessions run on a rolling program. These sessions are for families who have concerns around their child's development, communication, interaction and/or play skills.

Family First Aid 3 Week Courses with creche.

Sessions run on various days and times please phone to book a place on next available session. Course to prepare adults to deal with first aid involving their families.

Early Years Play & Learn sessions - under 4 years Parents/Carers and children together.

Sessions run on various days and times please phone to book a place on next available session. Support for families where you have concerns around development and play Interactions and attachment.

Parent & Child Signing Course - Parents & Children together - children aged 6 months onwards upto 4 years. A six week course teaching parents/carers key signs to support their child's/children's communication skills. Dates are Friday's 19th & 26th April, 3rd, 10th, 17th & 24th May 1pm - 2.30pm @ Peacehaven Family Hub.

Time for Me - 6 week course for parents with a child/children under 12 months who are experiencing low mood and/or anxiety. A safe place to meet other mums feeling the same and learn new skills to help manage those feeling. Dates are Tuesday's 16th, 23rd & 30th April, 7th, 14th & 21st May 2024 10am - 12 noon @ Lewes Family Hub.

To book a place please contact:

EHLewesHavens@eastsussex.gov.uk or phone 01273 336930.

Juggling family life...?



...we're here to help.

**Every family goes through ups and downs.
Let us help you to find the answers.**

We can offer you a wide range of support with

- ✧ emotional wellbeing
- ✧ special educational needs and disabilities
- ✧ financial, housing or employment challenges
- ✧ supporting your child's behaviour
- ✧ support for new parents
- ✧ activities for children of all ages

☎ **01323 46 46 55**

✉ **familyhubs@eastsussex.gov.uk**



Community News



Man Space is the recently launched men's social space at the Old Parcel Room, Bishopstone Station. Whether you're recently retired, looking to meet new people, or just bored sitting at home, it's a chance to make connections, share and find new interests and hobbies and maybe learn something new. If you have a hobby, an interest or specialist knowledge that you'd like to share with others, this is a great opportunity to do so. We also have occasional talks and discussions on men's health, wellbeing and other subjects of interest.

Man Space was suggested by several of our members as a social space that would be of value to them. The Fobs committee agreed this would be a great next step for the development of the community projects we run at the Old Parcel Room. We want to reach out to all members of the community and this new project is just one way that we are achieving this. We would love to hear your ideas for this group too.

Man Space is from 10am to 12 noon on the first and third Friday of each month. Friends of Bishopstone Station welcome men of all ages from across the Seahaven area for a chat over tea or coffee. Organised by the men of Friends of Bishopstone Station for men in our community. No need to book, just drop by.



Man Space
First and Third Friday of Each Month

Man Space is a men's social space at the Old Parcel Room, Bishopstone Station. Whether you're recently retired, looking to meet new people, or just bored sitting at home, it's a chance to make connections, share and find new interests and hobbies. Organised by the men of Friends of Bishopstone Station for men in our community. No need to book, just drop by.

From 10am to 12 noon on the 1st and 3rd Friday of each month.



Friends of Bishopstone Station

Email: friendsofbishopstonestation@yahoo.com • Twitter: @fobs_seaford
Facebook: Friends of Bishopstone station • Tel: 07501 672424
www.friendsofbishopstonestation.org.uk

Community News



Friends of Bishopstone Station Community Food Project

The Friends of Bishopstone Station Community Food Project is now in its second year and continues to go from strength to strength with a mix of gardening and food topics being covered. They are all free events, but donations for teas and coffees are always welcome.

We are holding a plant and seed exchange on Easter Saturday March 30th 11am to 1pm. Join us and reduce your gardening costs and help the environment. Bring your unwanted plants, cuttings and seeds to exchange or donate. Everyone welcome. Teas and coffees available

On Saturday April 13th from 11am to 1pm you can come to the workshop 'Cooking without waste'. Join Helen, who will lead a cookery workshop on using up food you'd almost forgotten at the back of the fridge and store cupboard. She is planning to make various dishes, including soup, stir fry and pasta sauce. Share your own ideas with everyone. Limited seating, first come first served. Doors open 10.45am, event starts at 11am.

On Saturday May 18th from 10.30am to 1pm as part of the community food project, we have a Spanish Fiesta and Tapas. Join Julia from All Abroad! Bus, for a Spanish Fiesta, enjoy classic Spanish tapas and learn how to make tapas during some short Spanish cookery workshops. This will be a unique immersive experience, for all the senses, including a 360 degrees virtual reality tour.

We promote food equality through opportunities for food and gardening education. Helping our community access healthy, locally sourced food.



- **Email:**
friendsofbishopstonestation@yahoo.com
- **Twitter:** @fobs_seaford
- **Facebook:** Friends of Bishopstone station • **Tel:** 07501 672424
- **www.friendsofbishopstonestation.org.uk**

Friends of Bishopstone Station run three other community projects, Meet up Mondays, Kids' art workshops and Man Space. Like our food project, they are all free, but donations are gratefully received.

Meet up Mondays started in November 2022 and is our community drop-in, coffee morning and 'warm space', with a wide variety of speakers and several local advice organisations attending. There is also a pop-up pantry, supported by Havens Food Co-op on Monday mornings. Meet up Mondays is very popular, often running at full capacity and is held every Monday from 10am to 1pm (closed bank holidays).

During the school holidays we hold kids' art workshops, led by Mary, a local art teacher.

Community News

Start 2 Finish, a new community group for people recovering from addiction opens in Peacehaven



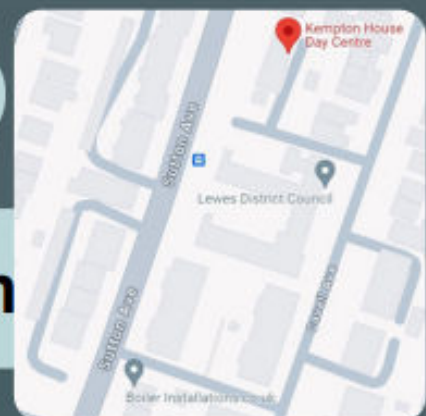
To begin a substance recovery group.
Your choices. Your activities.
Helping you individually & together, re-discover
yourself and aim for a happier future.
Together we can make that happen.

Free bacon sandwich & a cuppa.

Kempton House, Peacehaven, BN10 7NJ

start2finishseahaven@gmail.com

Date 8th April 2-5pm



Community News

Cafe 2 Cook launch their collection of authentic home-cooked recipes from international communities across East Sussex



The purpose
of our establishment is to promote the culture of different foods. We hope to create a comfortable gathering place and have cultures exchange !



Students from four English language classes worked together to produce a recipe book, full of delicious dishes from different cultures. Everyone can now enjoy some of these lovely meals as Cafe 2 Gather are cooking a South East Asian Lunch every Friday at the Hillcrest Centre Cafe, Newhaven, 12-2pm (closed on Good Friday). Check out the menu each week on their Instagram [Cafe2gatheruk](#) or on Facebook [Cafe2gather](#).

Community News



Thank you to all of you who attended our Swap, Share, Repair event in January. It was an enormous success, attracting well over 250 people. Over 50 repairs took place and over 300 items were swapped as well as delivering workshops, live music and everyone having a great day. And thanks to Hospitable Environment who provided their splendid 'Soup and Social' lunch and all the other stall holders, collaborators and helpers who made the day possible and to Ouse Valley Climate Action who funded the event. A video of the event is now ready to watch on our YouTube Channel, just type Newhaven Green Centre into the search panel.

Our Library of Things is continuing to grow. To see what you can borrow and to become a member please visit <https://newhavengreencentre.com/library-of-things/>

We are always on the look out for more volunteers. If you're interested in joining our growing team do get in touch by emailing volunteers@newhavengreencentre.com

Future dates for our Repair Cafes are April 14th, May 12th, June 23rd (to be confirmed), all 2.30-4.30 at Meeching Hall. Come along with broken things, and chat , get advice, free tea and cake. Also browse our free 'bring-and-take' table.

For dates and details of all upcoming events and to contact us please visit our website: newhavengreencentre.com



Community News



Peacehaven Community Garden Upcoming (free) events 2024....

Thursday 4th April

Bug hotel build

2pm-4pm

to book contact: peacehavencommunitygarden@gmail.com

All welcome: Help us make a bug hotel for all the insects that visit the garden

Friday April 5th

Digging Down

1:45pm-4pm

Creative arts workshop

to book contact: Sara at inroadsproductions@mac.com

Adult workshop: A fantastic opportunity to unlock your creative self

Saturday April 27th

Good to Grow 2024: Moth Garden

2pm-4pm

All welcome: no booking required, just turn up and help us plant an oasis for moths

Wednesday 29th May

Family bug hunt and
seed bomb making

10:30am-12:30pm

to book contact: peacehavencommunitygarden@gmail.com

Family session: a chance to find and learn about the insects in the garden and make seed bombs to take home

Sunday 9th June

Family PondLife session

Mini pond making & a hibernaculum

10am-1:00pm

to book contact: peacehavencommunitygarden@gmail.com

Family session: take home everything you need to create a mini pond in your own garden and learn about what the pond might attract. Help us build our own hibernaculum (winter hibernation space) for any amphibians and reptiles that might live near the garden

Community News

Come and explore Newhaven's history

at

NEWHAVEN MUSEUM

We are open on
Tuesdays, Wednesdays, Fridays and Saturdays

11am - 4pm
from 2ND April 2024

ADULTS £3
CHILDREN - FREE



Find us next to Paradise Park
Avis Road, Newhaven BN9 0DH



Free
Registration.
Travel will be
arranged/
reimbursed

WOMEN'S WALKS

Ethnically Diverse Women's
Walking Group

About:

- Walks around East Sussex
- Meet other amazing women
- Opportunity to become a walk leader

Area:

East Sussex including Brighton and Hove

Register now at:



Contact us:

07586 340592
Admin@dlriorg.com



Stories from Newhaven Museum's Collection Illustrated talk by Dr Jenny Flood

Tuesday 2nd April 2024 at 7:30pm

Hillcrest Centre, Bay Vue Road, Newhaven BN9 9LH

Members free – Guests £5

Talk preceded by the AGM of Newhaven Historical Society



Newhaven Union.

**TASKS OF WORK
CASUAL PAUPERS.**

NOTICE IS HEREBY GIVEN that the Local Government Board have sanctioned the undermentioned Tasks of Work for Casual Paupers retained in the Workhouse of the Newhaven Union as alternatives to the Tasks prescribed by Schedule O of the General Order of the 11th December 1902.

SANCTIONED TASKS.

Wash Glasses (retained by the Board).
Paint 1 cwt. of stone to go through a sieve of number 20 to the apertures.

Use Good Kinds in all work requiring strength if not when seen, or when being employed on building work.

Signed by order of the Board,
H. W. COUPE.



Community News

SOUTH DOWNS NATIONAL PARK

IT'S ON YOUR DOORSTEP!



Find us on Facebook
<https://www.facebook.com/peacehavenplodders>

PEACEHAVEN PLODDERS:

Who are we?

We are a free to take part community based walking group –

We love fresh air, friendly people, gentle exercise, nature and a cuppa and a chat whenever possible.

The group meets 10.30am every Wednesday morning and hopes to show you how easy it is for you to access and appreciate the beautiful countryside around us.

All activities are provided FREE – but please wear appropriate clothing & footwear for the conditions on the day.

Please get in touch. (Details overleaf) to find out more, alternatively, just turn up on the day, you will be made to feel very welcome.

Friendly dogs are also welcome, and we have several 4-legged regulars.

27/03/24	Meet in the Castle Hill car park, Fort Road, Newhaven	Cliff-top walk through the Castle Hill nature reserve and out towards Peacehaven and back, hilly but with glorious views
03/04/24	Meet at the Hillcrest Centre Newhaven BN9 9LH	Circular walk out along the river Ouse to Piddinghoe (easy/flat)
10/04/24	Gateway Café, Big Park, Peacehaven BN10 8RJ	Circular walk towards Piddinghoe coming back via Halcombe farm (Hilly) or cliff-top walk (weather dependant)
17/04/24	Seven Sisters Country Park, Seaford (forest side car park) BN25 4AD	Meet in the Visitors centre car park for a walk either through the forest towards Jevington or down to the beach.
24/04/24	Meet in the Long stay carpark in Rottingdean	Circular walk taking in the Windmill, Roedean Café and returning via the undercliff back to Rottingdean. (Mostly flat and not muddy)
01/05/24	Meet at Rowe Avenue Surgery, Peacehaven. BN10 7PE	Cliff-top walk with glorious views returning via the undercliffe. Flat but with steps and ramp)

- Walks take around 2 hours and are around 3 miles/5km in length and start at 10.30am and are suitable for most levels of fitness.
- In the event of bad weather, please get in touch via text, Whats App (07966842232) or see our facebook page to see if the session is running.
- (<https://www.facebook.com/peacehavenplodders>) we only usually cancel if weather is severe.
- All walks are accessible by public transport. No 14,12, 12A & 12X buses (except Southbarn)
- Please contact Dawn Paul (Walk Leader) at dawn.paul99@outlook.com or via WhatsApp or text
- On 07966842232 for further details

Upcoming Events



On 2nd March we held our first “wilder spaces” family event for the year with the amazing Froglife. A lovely workshop and a pond dipping session at Valley Ponds, Newhaven. Whilst we didn’t find any amphibians we did manage to spot some interesting inhabitants including a stickleback. We’re hoping to do another session later in the year so if you’re interested in joining please get in touch. Family events are for children over 5 years old, accompanied by an adult. Sessions are limited to 15 children.

If you’re interested in making your own pond please let us know and we can give you some advice. It doesn’t need to be expensive or grand. Something as simple as an old washing up bowl or sink will do.

Our next seed swap event is at Bishopstone Station with the Friends group on Saturday 30th March 10am to 12pm. Please bring your unwanted seeds and plants to swap. If you don’t have anything to swap we do accept donations so we can replenish our stock.

In May we will be enjoying the blossom at Peacehaven Community Orchard on Friday 17th and Sunday 19th 10-12noon and hear a little about the Orchard and the wildlife that lives there.



On 9th June we will focus on amphibians and reptiles at Peacehaven community garden, details tbc.

We’ve just booked in an exciting event with Undersea

Experience in October – details to follow later in the year.

As always please keep an eye on our Facebook and website for other events which are still being planned for the spring and summer to include sessions with wildflower and bat walks and the virtual reality Undersea Experience.

Please get in touch if you or your group would like training or support with projects. If we can’t help we can certainly find someone who can.

To sign up for the newsletter at contact@greenhavens.network or Facebook ‘Greenhavens Network CIO’ or check the website www.greenhavens.network

Best wishes Lesley and Greenhavens Team.



Wilder Spaces Programme 2024

Saturday
30th March
10am-12

Seed & Plant Swap at Friends of Bishopstone Station, Seaford

Friday 17th & Sunday 19th May
10am-12

Blossom Walks at Peacehaven Community Orchard

Thursday 23rd May
7pm-9pm

To be confirmed
Weald to Waves talk and Greenhavens AGM

Wednesday
25th May

Love Our Ouse – River People at Marine Workshop

Saturday
1st June

Seaford Sustainability Fair at Seaford Head School

Sunday 9th June

Froglife family event at Peacehaven Community Garden

Saturday 20th July

Butterfly Walks with Dan Danahar

10-12 at Castle Hill, Newhaven

13.30-15.30 Peacehaven Community Orchard

Monday 14th
September

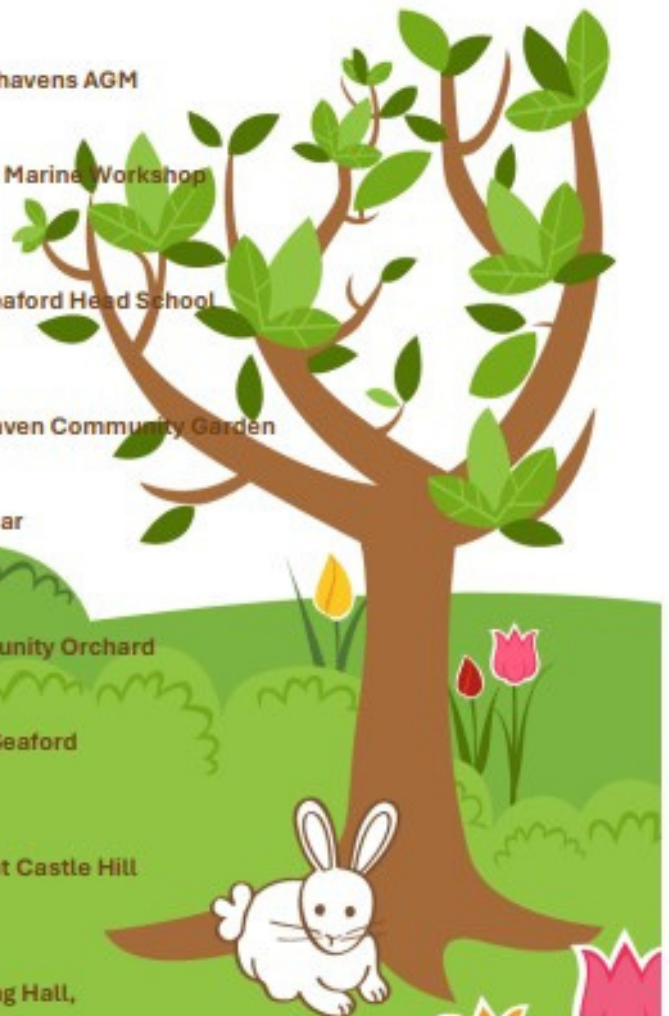
Peverells Community Garden, Seaford
Seed & plant swap

Tuesday 29th
October

Fungi Walk with Martin Allison at Castle Hill

Tuesday 29th
October

Undersea Experience – Meeching Hall,
Newhaven 10 to 5pm



Please join our Facebook page to see up to date event announcements

Want more from 2024?

Want to be Smoke Free??

If you think it's time to quit, it's never too late to take advantage of the range of free OYES Stop Smoking services on offer.

Statistics show that smokers in the UK are smoking an average of nine cigarettes each every day.

- Approximately 13.7 of East Sussex adults are estimated to be smokers.
- 562,500 cigarettes could be smoked every day by county residents.
- That equates to 28,125 packs of cigarettes at an average price of £12.50 per pack.

OYES Stop Smoking Support

OYES stop smoking advisers can support those who want to stop with:

- A maximum of 12 free appointments
- Free Nicotine Replacement Therapy (NRT) including e-cigarettes to help you remain smoke-free.

You are three times more likely to quit for good with support.

OYES Success Stories

68-year-old Dereck from St Leonards was supported to quit, after starting at 14 years old.

Dereck outlines the benefits to him as saving him about £300 per month and

“This time I really wanted to do it, not just for the cost but also because all the health things I had been warned about were beginning to happen.



“What was different this time was having a coach whose support was totally non-judgmental”.

Kathryn from Seaford quit, after smoking ten cigarettes a day for nearly 20 years.

“This time, though, the support I was getting from my Stop Smoking Advisor made all the difference and I now feel much better having finally quit. I certainly would recommend others looking to stop smoking give it a go.”



To start your journey, contact the service via:

Phone: 01323 404600

Email: hello@oneyoueastsussex.org.uk

Website: www.oneyoueastsussex.org.uk

Facebook: [@OneYouESussex](https://www.facebook.com/OneYouESussex)

LinkedIn: [@OneYouEastSussex](https://www.linkedin.com/company/OneYouEastSussex)

Twitter: [@OneYouESussex](https://twitter.com/OneYouESussex)

Community News

Our Songs Our Stories



Free music sessions for people with Dementia and those who care for them

Meet new people, enjoy music activity and refreshments with professional musicians Sam and Tom

Join us for Our Songs Our Stories running from 10:30 till 12:00 on:

Friday 12th April
Friday 26th April
Friday 10th May

Friday 31st May
Friday 7th June
Friday 21st June

Where

The Valley room
Denton Island
Community Centre,
Denton Island,
Newhaven BN9 9BA

To book your free place scan the QR code or visit:

[OSOSinNewhaven.eventbrite.co.uk](https://www.OSOSinNewhaven.eventbrite.co.uk)

For more information contact:

Cat via Catheryn.Hall@sussexcommunity.org.uk or

Luke via info@cultureshift.org.uk



SCAN ME

www.cultureshift.org.uk



Upcoming Events



Newhaven -
June 2024

Look Again Supergraphics Festival

20 Artists
12 sites
Workshops
Events
Talks
Walkarounds


Lewes District Council



GET INVOLVED

Thurs evenings in May - 5.30-7.30
In the Hillcrest Centre Art Room
Free food and drink!

Are you 14-25? Want to learn new creative skills and get advice on working in the Creative Industries? Join our FREE workshops and see your work in a public exhibition at the Marine Workshops during the festival.

- Creative thinking and zine making workshop
- Street art workshop - Exhibition curation

Follow the QR code to book your free places




HOSPITABLE
ENVIRONMENT



Upcoming Events

Hospitable Environment and
Creative Newhaven invite you to

Soup & Social



Join us for a shared meal
and community conversation.

Free to attend and open to
all. You're invited!

Thursday
28th March,
6.30-8.30 at

the Hillcrest Centre
Newhaven, BN9 9LH

With added
Easter Eggs!



&

