

# COMMUNITY WELL-BEING NEWS



To sign up for SCDA activities or get more information call **07920 526224**, email us on **[makingithappen@sussexcommunity.org.uk](mailto:makingithappen@sussexcommunity.org.uk)** or visit our website: **[www.sussexcommunity.org.uk](http://www.sussexcommunity.org.uk)**. Like our Facebook page **SCDA Community Support**.

This newsletter is put together by the Making it Happen Team who are working primarily in Newhaven and Peacehaven, so naturally much of our news comes from this area. If you have news from other areas across the Havens or Lewes District, please get in touch!

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# LEAP

# club

**A youth club  
focused on school  
transitions &  
engagement**



**Wednesdays - 3.45-5.15pm**

**Newhaven Youth Centre, Denton Island**



**A space for young people  
at the end of year 5 up to  
end of year 7 to build  
confidence, independence,  
resilience, life skills and  
support each other!**

**Contact:**

**[youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk)**



**£1 donation per  
session suggested**



## Community Food News



March has been a super busy month for the Community Food team! Peacehaven Community Supermarket reopened its doors to our members on Thursday 23rd March at our shiny new venue in Community House, at the Meridian Centre in Peacehaven. We're delighted with the space and very grateful for the support of Peacehaven Town Council. Our members were really happy to be back not only for the food, but for the warm welcome and opportunity to socialise with other members.

There was a lot of work behind the scenes to ensure that all of our members were informed of our temporary closure whilst we secured a new venue and that nobody who needed it went without food, so thanks to staff and volunteers for all of the extra work that went into that!

Our always-amazing volunteers really did go above and beyond on the day and we even offered table service in our little café area. To add to the drama of re-opening day, we had a documentary film maker with us, making a short film about our project through the lens of our wonderful volunteers. Thankfully no disasters were caught on film because there weren't any! What a dream team!

Last year we received some funding from Big Lottery Climate Action Fund (CAF) to work in partnership with Food Use Places to do some further work around preventing food waste. This has resulted in some exciting projects in the Community Kitchen, such as pickling vegetables, a fermentation course, producing frozen 'ready meals' using surplus produce available to our members at our Community Supermarkets and the final piece to this planet-kind puzzle is our new composting system!

This composter aims to make our community food offer truly circular. Any food waste can now be made into living compost, which can then be used to grow in our community garden space. In the coming weeks we will be looking for volunteers to help us with this project. Tasks will include chopping waste veg to be added to the compost tumbler, learning about the resting bays and how to use them going forward and giving the tumbler a turn.



**If you'd be interested in learning more, please contact us by email [food@sussexcommunity.org.uk](mailto:food@sussexcommunity.org.uk)**










# Courses and Activities

## Courses at East Sussex College



### Essential Digital Skills Qualification

-  (6 – 8-week cycle)
-  Timetabled
-  Across all campuses

**FREE  
COURSE  
FULLY  
FUNDED**

The primary intention of this course is to support people with developing essential digital skills and to build confidence to work independently online. There are two levels that individuals work to depending on your own knowledge and understanding.



#### Using Digital Devices

Learn how to navigate operating systems, taskbars, desktop and system settings. Discover new shortcuts and learn how to use web browsers and search engines.



#### Skills for Work

Discover a variety of tools within the Microsoft Suite to help you with your work. Focusing on Word and Excel you will gain a better understanding of these products.



#### Email Systems

Understand your digital footprint and different types of digital communication needs both public and private. Learn how to make online payments and manage your online accounts.



#### Using The Internet

Discover the various threats to online safety and the safeguards that can be used to protect yourself. Find out how to report content and how to act responsibly online.

The course is to be delivered over a 6 – 8-week cycle, 1 lesson a week for 3-4 classroom hours. At the end of the cycle staff will be given the option of taking the assessment for their assessed level. **This qualification will be awarded by NCFE and you will be able to add this to your CV, CPD record and use these skills in your everyday life!**



GET IN TOUCH  
[employability@escg.ac.uk](mailto:employability@escg.ac.uk)

## Courses at East Sussex College

W  
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LONE PARENTS

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F  
E



15/05/23 - 19/05/23



9:30am - 2:00pm



Denton Island, Newhaven  
BN9 9 BN



Level 1 Award in Employability

A five day course to help you understand what is needed to work in flexible roles. Work with a group of like-minded individuals, undertaking informative activities related to working in the various industries. Receive support from experienced employability tutors and industry experts.



Introduction to  
remote and hybrid  
working



Build confidence and  
assertiveness



Gain a level 1  
qualification in  
employability skills



Improve your mindset  
and prepare for  
interview



GET IN TOUCH

[employability@escg.ac.uk](mailto:employability@escg.ac.uk)



AGED 19+



IN RECEIPT OF UC OR ON A LOW WAGE



RESIDENCY CONDITIONS APPLY





# Courses and Activities

## Courses at East Sussex College

### Assertiveness—Communicating with Confidence

Becoming a more assertive communicator can help you create wellbeing in yourself and impact positively on your relationships with others.

This course will help you to understand what assertive communication is (and what it isn't) and how to practise it.

[Assertiveness - Communicating With Confidence | East Sussex College \(escg.ac.uk\)](#)

East Sussex College

Cross Levels Way  
Eastbourne  
BN21 2UF

Wednesdays  
19th April—24th May

1:30pm—4:00pm

60618-02



### Introduction to Fiction Writing

This four week course is welcome to anyone with an interest in writing fiction.

Students will be introduced to a range of accessible and fun creative writing exercises, thinking about character, setting and dialogue. There will be a chance to share and receive feedback on your work during the class, but this is not a requirement.

[Introduction To Fiction Writing | East Sussex College \(escg.ac.uk\)](#)

East Sussex College

Cross Levels Way  
Eastbourne  
BN21 2UF

Thursdays  
27th April—18th  
May

10:00am—1:00pm

60706-06



### Create a Short Podcast

Immerse yourself in the world of Podcasting and see how the digital revolution has enabled us with 24/7 access to : Stories, Entertainment and Arts content from any corner of the globe. You'll explore genres, the importance of structure and what makes a compelling story, with the aim of developing your own short episode by the end of the course.

You will learn the basics required to research, interview and edit your own piece of work with a free-to-use technology platform.

[Create A Short Podcast | East Sussex College \(escg.ac.uk\)](#)

East Sussex College

Cross Levels Way  
Eastbourne  
BN21 2UF

Fridays  
21st April—26th  
May

10:30am—1:00pm

60714-04



### Pizza and Bread Making

Learn how to make bread and pizza dough from scratch. A friendly and welcoming course, suitable for beginners.

Throughout the course you will make different types of bread and pizza dough.

[Pizza & Bread Making \(Street Learning\) | East Sussex College \(escg.ac.uk\)](#)

Willingdon Trees  
Community Centre

Holly Place  
Eastbourne  
BN22 0UT

Tuesdays  
25th April—9th May

1:00pm—3:15pm

60615-03



# Community News

## Mountain Men



Mountain Men was formed as a means to create an offline forum for men of today that are struggling, starting with a realization that a bit of fresh air and conversation can help so much. "In England, around one in eight men has a common mental health problem such as depression, anxiety, panic disorder, or obsessive-compulsive disorder (OCD)."

In June 2020, after 5 years in the Marines, followed by working through the pandemic on the 'front line', Dom had his first breakdown. He found more than anything it was long walks and talking to friends that saved his life.

In January 2022, Dom opened up his walks to more than just his friends. Starting 'Mountain Men' on Instagram, he invites others struggling to join him and his dog Marvin on a walk every other Sunday, the response has been overwhelming.

If you are struggling, or just feel like you could do with meeting open-minded individuals and getting some fresh air, then make sure you visit the website [www.mountainmenwalks.com](http://www.mountainmenwalks.com) to find out where and when the next walk will be. You are not alone. The walks run regardless of weather; Dom and Marvin will be waiting.





# Community News



We at Greenhavens are very excited to bring you the dates of our events this year. As a Network we aim to work closely with community, delivering workshops and training to adults and families, all committed to preserving Green Spaces and building knowledge and appreciation of the natural world around us. Last year we introduced people to green spaces they had never explored before and equipped them with a better knowledge and understanding of how crucial this knowledge is to keeping the biodiversity we so badly need.

## Network/AGM meetings

**08.06.23** GREENHAVENS AGM at Friends of Bishopstone Station 7-9pm. Here we will have Jim speaking, one of the founder members who have created this beautiful space and are responsible for setting up Meet Up Mondays, which have been an way of bringing the local community together and forging new friendships. It's such a welcoming space, do join us to hear about their journey.

**13.09.23** NETWORK MEETING at Anzac Room Peacehaven 7-9pm. Come and hear all about the "Peverells Community Garden". A new community garden set up in the heart of an estate in Seaford. Find out how this was created and the asset it is for community and beyond.

**13.12.23** NETWORK MEETING at Lewes Road Hut, Riverside Park, Newhaven. 7-9pm. Come and hear about how the "Denton Community Garden" is coming along. Another vital green space supported by the local community, schools and volunteers.

## WORKSHOPS/WALKS and WILDER GARDENS

### APRIL:

**05.04.23** Landport Community Garden, Lewes. 10am-2pm FAMILY WILDER GARDEN sessions. Jessie and I will be delivering ways in which to increase biodiversity in your garden, its importance with some Easter Fun too! Please do book as spaces are limited.

### MAY:

**05.05.23** Wildflower Walk at the Last Wood and Meadow. 10am-12pm. Come and join us in this magical place, abundant in wildflowers and biodiversity. Following on from the success of last year we are revisiting the site and would love you to join us.

**13.05.23** WILDER GARDEN session for families at the "Peverells Community Garden", Seaford. 10-12pm. Come and have fun learning about the need for wilder gardens to keep our pollinators and insects alive and see what we can find in the garden....

**14.05.23 & 15.05.23** BLOSSOM WALK at "Peacehaven Community Orchard". 11am. Come and join us for a relaxing walk among the orchard and its beautiful blossom. From landfill to a working Orchard come and delight in the blossom and wildflowers there and hear how it came to being created.

### JUNE:

**25.06.23** WILDFLOWER WALK for families at "The last Wood and Meadow". Come and bring your children to see what we can spot and get a little bit closer to the amazing Insect and wildflowers there. We might even get to taste a wild strawberry.... 12-2pm.

**28.06.23** BUGLIFE adults event at Landport Community Garden, Lewes. 10-12. Come and hear from the experts at BUGLIFE on how to record and identify the amazing insects in your green spaces.

### JULY:

**26.07.23** BUGLIFE for families at the "Peverells Community Garden" in Seaford. 10-12. This was such a great event last year, with young people learning lots and then getting to find and see up close the amazing bugs in the garden. Fun for all the family.

### OCTOBER:

**17.10.23** FUNGI WALK at Castle Hill in Newhaven 10-12. Martin Allison returns and this time we look to Castle Hill to spot and record any fungi found. This is a beautiful site whose fungi recordings are vital. Join us for this informative event.

### NOVEMBER:

**03.11.23** FUNGI WALK at Castle Hill. 10-12. We will explore other areas this time ensuring accurate records are held of this area rich in biodiversity.

More events will be added in the next month so please email [contact@greenhavens.network](mailto:contact@greenhavens.network) to be added to the mailing list and to book for any of the events. Numbers are limited so let me know if you want to join us. I am looking forward to meeting you all at one of the events.

**Miriam (Greenhavens coordinator)**



# Community News



photo credit Alex Franklin

## WALK THE CHALK



photo credit Alex Franklin

LYT Productions in partnership with Lewes District Council have received a grant from The National Lottery Heritage Fund of £213,800 to deliver Walk the Chalk, the flagship celebration amongst nine national events to mark the opening of the England Coast Path which, when complete, will be a 2,700 mile coastal trail around the country, and the longest of its kind in the UK.

In late September 2023, this free, five-day event centred on South Hill Barn, Seaford Head Nature Reserve, Cuckmere Haven and the Seven Sisters will discover local heritage, chalk, fossils, flora, fauna, history and folklore through art and creativity, walks, talks and exhibitions. Above all, Walk the Chalk will celebrate the joys of being in nature and our iconic coastal landscape, with a focus on enrichment for everyone.

Phil Rose, Artistic Director at LYT Productions said: "This generous funding gives another golden opportunity for young people to engage in heritage in new and exciting ways, and to feel connected to their spectacular environment. We can't wait to start work on this amazing project".

At the heart of the event will be three free but bookable guided walks, led by specially trained community volunteers, through this beautiful and biodiverse area which is owned by Seaford Town Council and managed by Sussex Wildlife Trust.

Devised and produced by the team behind 2021's spectacular Tide Mills Project, Walk the Chalk will be an innovative community celebration in an extraordinary and world-famous location.

An extensive programme of community engagement and education in the run-up to September will bring together schools, older people, and vulnerable and isolated groups, with the aim of bringing those who don't usually access green spaces into the heart of the project, reaping the physical and mental benefits of being in nature. Working closely with the Sussex Community Development Association, the organisers intend the event to be fully accessible and have use of all-terrain mobility scooters for those with mobility issues. Working with Sussex based artists, poets, story tellers and performers, Walk the Chalk will bring an abundance of creativity to the area, including the commission of five innovative art installations marking the route of the Path across the cliffs of Seaford Head and Hope Gap in the South Downs National Park. These will be visibly highlighting the landscape through September, tying in with Visit Lewes' ever-expanding artists' open houses Artwave Festival, and leading into the Turner Prize at Eastbourne's Towner Gallery the following week. A documentary film will be made to capture the legacy of this substantial local event on historic land gifted to the people of Seaford by Seaford Town Council.



# Community News



Lunch Positive is a local charity supporting people living with HIV in Sussex.

Our aims are to improve the health and wellbeing of people living with HIV through community and asset based activities. We undertake a wide range of support activities focussed on health and wellbeing, financial disadvantage, combatting loneliness and social isolation. Taking a person centred approach, we have a strong focus on reaching and engaging people who would otherwise not be supported, social connection and peer-support, empowerment, meeting un-met support needs. We provide the only regular group support gatherings of people living with HIV in Sussex utilising community hubs in Lewes District, Eastbourne Borough and Hastings. These are open to all people living with HIV living in East Sussex.

The charity and our work is led and delivered by people living with HIV. Our HIV Hubs support people living with HIV experiencing multiple social and financial disadvantages, social isolation and loneliness.

The Hubs provides a unique monthly community safe space for people to meet and form supportive peer friendships, access our HIV food bank & financial advice/signposting, specialist support including cost of living support. The Hubs are a space for partner organisations to engage directly with service users; money advice, and mental health are examples. The Hubs are also a base for delivery of our specialised HIV befriending scheme to County residents. Our project coordinator & volunteers have established a new 'community connections' role, diversifying and enhancing the support provided, linking people to other community based support, advisors and providers of cost of living support, whilst directly providing practical and peer-support, social connection and service user involvement that will all build personal and community resilience.

In between monthly sessions, additional telephone and face-to-face support is provided by the Project Coordinator. This may also include undertaking home visits and meeting in community settings.

People can access our services directly by dropping in, through phone and email contact, and also through contact forms on our website. They may also be referred by other HIV organisations and health and social care professionals.

For more information please email [jim@lunchpositive.org](mailto:jim@lunchpositive.org) or phone 07312862768



# Community News

## Newhaven Community Litterpick



Residents and staff from Lewes District Council and SCDA met on 11th March for a very successful Community Litter pick in Newhaven. Starting at the Sidings and finishing up at the Cricket Pavilion in Fort Road rec for yummy refreshments, over 40 volunteers collected 60 bags of rubbish in 2 hours!

There was also an opportunity for residents to find out about the regeneration plans for the Fort Road rec area and to help decide how to improve the walk along the river to West Quay and beyond by using a new budgeting tool developed by LDC. Share your ideas on how you think the money would be best allocated by visiting <https://buff.ly/3Th6LOx>

Another community litter pick is being planned soon, so keep an eye out for further details. For more information on litter picking across the Lewes District, including details of local litter picking groups please visit the website <https://buff.ly/3hxOjA2>



## Chalk Land/ Conservation Conversations Inroads Productions, Newhaven 2023



### **Are you interested in the local environment and the landscape surrounding the town?**

Sara Clifford/ Inroads Productions are delighted to announce that we have been awarded AHRC/ Challenge-led Impact funding to work in partnership with Brighton University, to develop the first stage in our ambitious three year project exploring the chalk grassland landscape, Chalk Land.

This first stage, Conservation Conversations, will consist of creative workshop/walks exploring the environment and climate change with young people and community groups in and around Newhaven over the summer months of 2023, working with unheard voices and unheard stories, culminating in a symposium event on Saturday November 11th at the Hillcrest Centre.

This event will consist of presentations and speakers, the participants' responses and a short script by Sara, inspired and informed by the workshops – plus a healthy lunch! We will be working in partnership with the Hillcrest, Sussex Community Development Association, Hospitable Environment and Creative Newhaven and others as the project develops.

**To register your interest at this stage, and any other enquiries please contact Sara on**  
**[inroadsproductions@mac.com](mailto:inroadsproductions@mac.com)**  
**[www.inroads.org.uk](http://www.inroads.org.uk)**

This University of Brighton project is funded by the Arts and Humanities Research Council (AHRC), part of UK Research and Innovation (UKRI).





## Linda achieved success with the support of One You East Sussex. Read Linda's story here...

Linda accessed our Adult Weight Management service, to help her lose weight. Read her story below:

*We moved to St Leonards six and a half years ago. I began to feel that we had made a huge mistake, as we didn't know the area of anyone who lived here. I can honestly say, I had never felt so lonely, depressed and unfit in my entire life.*

*I went to see my GP, who immediately advised me to try to lose some weight and to exercise! She gave me a leaflet about 'One You'. I contacted them and managed to enrol on one of their courses. The ten-week course was absolutely free. The only thing I had to lose was weight!!*

*I started the course and lost weight consistently every week. I made a big effort to walk daily, increasing my steps gradually until I was actually achieving 10,000 steps and enjoying exercising. This is a sentence I never thought I would say!*

*I made some lovely friends on the course, my life started to get so much better for me. 'One You' made me have a completely different attitude to food, which I've continued to embrace. The course ended but I still had a lot of weight to lose. I was determined to carry on, but I needed something to bridge the gap now that my 'One You' sessions had ended. I found and turned to Active Hastings. Thank you to 'One You' and 'Active Hastings', I managed to lose 7 stones.*



One You East Sussex can help you get back to a healthier you and support you to make simple changes towards a longer and happier life.

**We still have free spaces on our Peacehaven and Uckfield 12-week weight loss courses starting in April. Get in touch to book your place.**

**To start your journey contact/connect with the service by:**

**Phone: 01323 404600**

**Email: [hello@oneyoueastsussex.org.uk](mailto:hello@oneyoueastsussex.org.uk)**

**Website: [www.oneyoueastsussex.org.uk](http://www.oneyoueastsussex.org.uk)**

**Facebook: @OneYouESussex**

**LinkedIn: @OneYouEastSussex**

**Twitter: @OneYouESussex**



**NHS**  
Sussex

## DO YOU CARE ABOUT THE HEALTH OF YOUR COMMUNITY?

**Do you know where to get help and advice for your health needs?**

We know that not all people in East Sussex know where and how to get the healthcare they need to help stay healthy or change their behaviour to improve their quality of life.

**We need your help to change this.**

You can help your community by becoming a volunteer Health Champion and supporting people to access healthcare services, improve their lifestyle and have a longer, healthier life.

**For more information or to register your interest**

**email: [Health.Champions@eastsussex.gov.uk](mailto:Health.Champions@eastsussex.gov.uk) by 20 March.**

**This is a voluntary role, but as a reward for becoming a Health Champion, you will receive a Love2shop voucher.**

**Travel expenses and refreshments will also be reimbursed.**



# Upcoming events

Saturday 15th April - The Newhaven Flea and Car Boot at the Hillcrest. 10am-3pm.

THE STANLEY ROAD STORE  
BRINGS YOU THE

## NEWHAVEN FLEA & CARBOOT

10AM-3PM ON THE  
THIRD SATURDAY  
OF THE MONTH AT  
THE HILLCREST CENTRE

### 2023 MARKET DATES

FEB 18th	AUG 19th
MAR 18th	SEPT 16th
APRIL 15th	OCT 21st
MAY 20th	NOV 18th
JUNE 17th	DEC 16th
JULY 15th	

TO BOOK A PITCH EMAIL  
[NEWHAVENFLEA@GMAIL.COM](mailto:NEWHAVENFLEA@GMAIL.COM)  
OR SCAN THE QR CODE FOR DETAILS

THE NEWHAVEN FLEA IS SPONSORED BY NEWHAVEN TOWN COUNCIL AND SCDA

This regular monthly market brings around 40 stalls to the Hillcrest, with local makers bringing everything from curry, to honey, art and craft, cards and gifts, vintage, plants, small batch skincare and much more. Plus the (newly refurbished!) cafe is open, so stay for something to eat and enjoy the exhibition of work by a local artist (Helen Bashford coming up in May). The market is made possible by the generous sponsorship of SCDA and Newhaven Town Council. All pitches, including car boot, must be booked in advance. If you'd like to join us, please email [newhavenflea@gmail.com](mailto:newhavenflea@gmail.com)





# Upcoming Events

# Sairie

## & Tidemills Choir

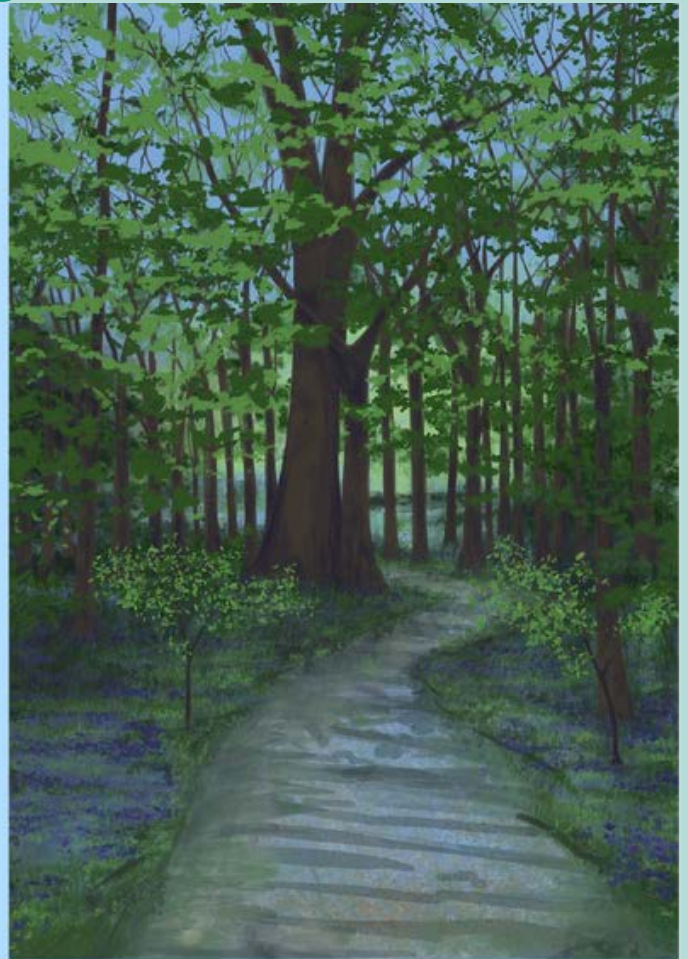
Sat. 15th April  
The Hillcrest Centre

Bay Vue Road  
Newhaven BN9 9LH

Doors at 6:30pm

Tickets £6/8 in advance from  
[hillcrestcentre.co.uk](http://hillcrestcentre.co.uk)  
or scan the QR code.

£8/10 on the door.



### **Saturday 15th - Sairie, Nick Pynn and The Tidemills Choir at the Hillcrest. 6.30-10.30pm.**

Come and listen to local folk band Sairie and multi-instrumentalist Nick Pynn, accompanied by the Tidemills Choir. Enjoy a line up of traditional folk songs and original compositions in what promises to be a brilliant evening of home-grown talents. Sairie, Nic, and the TMC have all performed widely and now join together in their home town. Tickets £6/8 in advance via link at [hillcrestcentre.co.uk](http://hillcrestcentre.co.uk) and £8/10 on the door. Refreshments available.

### **Saturday 22nd April - Hillcrest Cinema Cub - La Vie en Rose**

Doors 6pm, film 7.30pm. Tickets £6 on the door. Supper will be served before the film in the Hillcrest Cafe. Email [hillcrestcinema@bn9.co.uk](mailto:hillcrestcinema@bn9.co.uk) or call 01273 512376 to book.

### **Saturday 27th May - Hillcrest Cinema Club - Where the Crawdads Sing**

Doors 6pm, film 7.30pm. Tickets £6 on the door. Supper will be served before the film in the Hillcrest Cafe. Email [hillcrestcinema@bn9.co.uk](mailto:hillcrestcinema@bn9.co.uk) or call 01273 512376 to book.

Please come and join us at the refurbished community cafe, re-opening very soon. After many years of service, we've given the kitchen a much needed update, and are looking forward to getting back to serving you delicious, freshly-made food very soon. Keep an eye on our website for the re-opening date.



# Upcoming events



## From Hospitable Environment

**Thursday 20th April - The Nettle Dress Screening and Q&A at Hillcrest. 7.30-9.30pm.**



Hospitable Environment present a second screening of this beautiful film. Sussex textile artist Allan Brown spent seven years making a dress by hand from foraged stinging nettles. This is 'hedgerow couture', the greenest of slow fashion, but also the thing that helps him survive the death of his wife that left him and his four children bereft. Allan and film-maker Dylan will be with us at the Hillcrest and they will be bringing the dress. Tickets £5/£8 via link at [hillcrestcentre.co.uk](http://hillcrestcentre.co.uk).



**Thursday 27th April - Soup & Social at the Hillcrest Cafe and Art Room. 6.30-8.30pm**  
Hospitable Environment invite you to their 11th Soup & Social: a shared meal and community conversation, free to attend and open to all. Join us around the table, meet the neighbours, add your thoughts and share your news as we explore questions about our town and hear about what's coming up.



Also coming soon from Hospitable Environment, look out for some free workshops to assist with the refurbishment of the cob-built community bread oven that some of you might have enjoyed at The Tidemills Project in September 2021. Now based at the Hillcrest, HE will be refurbishing the bread oven and firing it up over the courses of the spring in preparation for a community Bread Festival on Saturday 29th of July. These 2023 events have been made possible by the support of Creative Newhaven and the SCDA. Follow [@hospitable\\_environment](https://www.instagram.com/hospitable_environment) on Instagram to stay posted with updates.

# Upcoming events



## PROMOTING PEACEHAVEN

### Join Us!

Meet the local groups doing good in your Community! This event, hosted by the Mayor of Peacehaven, is a chance for local organisations to showcase what they do, and how we can support those that support us.

Come along to say hello, join us for a hot drink, and find out more about what goes on in your Community!



SATURDAY 15 APRIL 2023  
10am - 12noon



COMMUNITY HOUSE,  
PEACEHAVEN, BN10 8BB.



[www.peacehaventowncouncil.gov.uk](http://www.peacehaventowncouncil.gov.uk)



# Upcoming events

## News from Peacehaven Town Council



Peacehaven Town Council

# SUMMER FAIR

**Saturday 8th July 2023**  
**11am to 4pm**

Blue badge holder parking only

ECO FRIENDLY

Come and join us for lots of fun!!

To book your stall  
01273 585493

CENTENARY PARK, PIDDINGHOE AVENUE, PEACEHAVEN, BN10 8RJ  
for further info please contact: [info@peacehaventowncouncil.gov.uk](mailto:info@peacehaventowncouncil.gov.uk)



## If They Poop - Please Scoop !

This is not just because of the mess it causes, but also the potential **HEALTH RISKS TO CHILDREN**



We'd like to gently remind all dog owners to please be extra vigilant and pick-up after your pets and use the bins provided

We thank you for your co-operation and attentiveness.



Peacehaven Town Council presents our next Big Cinema showing

## A man called Otto



Community House, Meridian Centre, Meridian Way, Peacehaven BN10 8BB

Wednesday 26th April 2023

Starts-7.30pm

Tickets- £7

Tel: 01273 585493

Email:

[info@peacehaventowncouncil.gov.uk](mailto:info@peacehaventowncouncil.gov.uk)



Coffee, Tea and Ice cream available

Otto is a grump who's given up on life following the loss of his wife and wants to end it all. When a young family moves in nearby, he meets his match in quick-witted Marisol, leading to a friendship that will turn his world around.



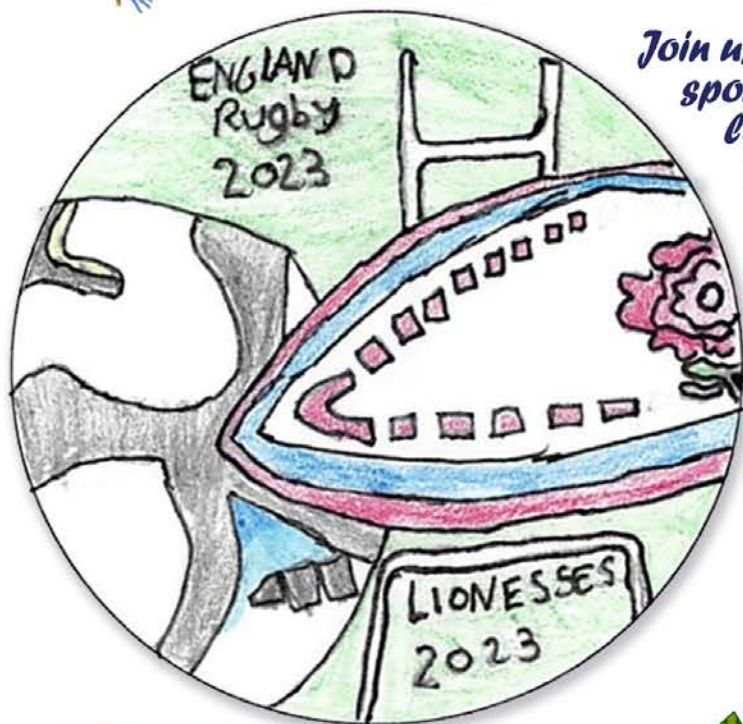
# Upcoming Events

[www.dentonchallenge.co.uk](http://www.dentonchallenge.co.uk)

[dentonchallenge@gmail.com](mailto:dentonchallenge@gmail.com)



*Join us for a day about promoting sporting activities, & various local sporting groups will be providing challenges for people to participate in for a nominal fee*



**BELIEVING**

**DREAMING IS**

**BBQ  
Lifeboat  
Dancing  
Drummers  
Martial Arts  
Football  
Boules  
Crazy Golf  
Face Painting  
Table Tennis  
Bouncy Castle  
Arena Display  
Gymnastics  
Ice Cream  
Sweets  
Tennis**



*To take part, just buy a scorecard from the main tent and then complete as many challenges as you want and then return to the main tent to collect your rosette and a voucher for a free Burger after 4pm*

*(All attractions/stalls are subject to availability)*

*While Denton Challenge will endeavour to ensure the safety of all visitors, it remains the responsibility of accompanying adults & guardians to supervise the children in their care while visiting. All children must be accompanied by a responsible adult and remain the responsibility of said adult at all times. Not all items listed on this flyer are guaranteed to be provided. Should DCC be unable to host the planned event for any reason, no compensation will be payable*



# Upcoming Events



## Community Support Day

Meet with a range of community services for advice and support on the cost-of-living, including:

East Sussex Fire and Rescue

Techresort

Foundry Healthcare

Homelink

Wave Community Bank

Plus many more!

Saturday 22 April  
Kings Church, Brooks Road, Lewes  
11am - 3pm  
Free hot food and refreshments available

01273 486182  
[office@kingschurchlewes.org](mailto:office@kingschurchlewes.org)

