

# Active Travel Hub 2023

## May Events and Activities

<u>Course</u>	<u>Age</u>	<u>Dates</u>	<u>Time</u>	<u>Venue</u>	<u>Booking</u>
<b>Bikes 4 Beginners</b>	<b>5-12</b>	Weds 26 <sup>th</sup> April Weds 3 <sup>rd</sup> May Weds 10 <sup>th</sup> May Weds 17 <sup>th</sup> May	3.30pm-4.30	Active Travel Hub Newhaven	<a href="https://eequ.org/experience/3278">https://eequ.org/experience/3278</a>
<b>Gentle Walk</b>	<b>18+</b>	Every Thursday from 11 <sup>th</sup> May	11am	Active Travel Hub Newhaven	Email to reserve
<b>Bikeability Level 1</b>	<b>5+</b>	Saturday 28 <sup>th</sup> May	12pm-2pm	Active Travel Hub Newhaven	<a href="https://eequ.org/experience/3409">https://eequ.org/experience/3409</a>
<b>Bikeability Level 2</b>	<b>10+</b>	Sunday 29 <sup>th</sup> May	12pm-4pm	Active Travel Hub Newhaven	<a href="https://eequ.org/experience/3411">https://eequ.org/experience/3411</a>
<b>Mountain Bike Club</b>	<b>11-16yrs</b>	Every Wednesday from 17 <sup>th</sup> May	4pm-6pm	Active Travel Hub Newhaven	<a href="https://eequ.org/experience/3412">https://eequ.org/experience/3412</a>
<b>Family Bike Day</b>	<b>Adults with children aged 5+</b>	Friday 2 <sup>nd</sup> June	11am-4pm	Active Travel Hub Newhaven	<a href="https://eequ.org/experience/1864">https://eequ.org/experience/1864</a>

To make a reservation please click on the booking link for the activity you would like to attend.

For enquiries please email [Phoebe.smith@sussexcommunity.org.uk](mailto:Phoebe.smith@sussexcommunity.org.uk)

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