

Weekly Walk

Join a friendly walking group that meets every Thursday morning in Eastbourne for a FREE, social and accessible walk on the beautiful South Downs.



Meeting Place: The Kiosk, Upper Dukes Drive, Eastbourne

(Near Bedes Prep School, located at the western end of the Eastbourne seafront, where Dukes Drive meets King Edwards Parade)

Time: 10am every Thursday morning

Please bring suitable footwear, a bottle of water (if required) and a small amount of money if you would like to buy a drink afterwards.

Contact: healthylifestyles@sussexcommunity.org.uk 01273 516032